



MO
DANCES

Contra & English Country Dances
by Missouri Choreographers

Contras and Squares

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Contra
&
Square

Back on the Interstate by Chrystal Gallacci Jones Contra Improper

- A1** Circle left (8)
1s arch, 2s go under, around neighbor & back to place (8)

- A2** Circle balance, neighbor's balance & swing (16)

- B1** Ladies allemande right 1 1/2 (8)
Partner swing (8)

- B2** Long lines forward and back (8)
Circle left 3 places & pass thru (8)

Author's Notes: Based on *Exit 33* but this one has a partner swing!.

Beauty and the Bees by John Coffman

Duple Improper

A1 Neighbor balance and swing (16)

A2 Circle left 1X (8)

With the next neighbors, circle right 1X (8)

B1 Back to the first neighbors, circle left 3/4 (8)

Partner swing (8)

B2 Long lines forward and back(8)

Ladies chain (8)

Caped Crusaders by Bob Green Couple Mixer –couple facing couple

A1 Neighbor do-si-do (8)
 Partner do-si-do (8)

A2 Partner balance & swing (16)

B1 Circle left, (8)
 Neighbor swing (8)

B2 Promenade with new partner to find another couple &
 circle left (16)

Written for a dance in Cape Girardeau, MO with a large percentage
of new dancers

Chasing Butterflies by Jim Hemphill

Contra Becket

- A1** Circle left $3/4$ and pass through (8)
Next neighbor swing (8)

- A2** Men allemande left $1\ 1/2$ (8)
Scoop up your partner, star promenade, butterfly whirl (8)

- B1** Ladies chain (8)
Ladies allemande right $1\ 1/2$ (8)

- B2** Partner balance and swing (16)

Dance of the Honeybee by John Coffman Contra Becket

- A1** Right and left through (8)
 Left diagonal ladies chain to new neighbor (8)

- A2** Ladies right shoulder gypsy 1X (8)
 Neighbor swing (8)

- B1** Long lines forward and back (8)
 NEW MEN allemande Left 1 ½ (8)

- B2** Partner gypsy and swing (16)

First Star by Ted Steele
[No partner swing]

Improper Contra

A1 Balance & swing neighbor (16)

A2 Circle left (8)
Circle right (8)

B1 Ladies chain, over & back (8)

B2 Left hand star (8)
Right hand star (8)

An easy dance, with no partner swing

Fly Around, My Pretty Little Miss by Dale Wilson Contra Improper

- A1** Star left one time around (hands across star) (8)
Men drop left hands and make a big turn out to the right, meanwhile, ladies continue the star until you get to your partner. Partner allemande right all the way. (8)
- A2** Ladies start a hey with left shoulders in the center (16)
- B1** Gypsy your partner (8)
Swing your partner (8)
- B2** Right and left through, courtesy turn (3/4) to the star (8)
Star right 3/4, Ladies first, men fall in behind (8)

Last B2: R&L through, swing your partner

Got Nice Neighbors by Billy Boyer

Contra Improper Beckett (cw)

A1 Down the hall, turn as couple (8)
Come on back (8)

A2 Circle left 3/4 (8)
Neighbor swing (8)

B1 Long lines forward and back (8)
New neighbor swing (8)

B2 Ladies allemande right 1 1/2 (8)
Partner swing (8)

(Author's note: You may wish to start the walkthrough with the partner swing in B2)

Hey Your Corner by Ted Steele

Square (H-S-H-S)

Head couples forward & back; Side couples forward & back

Head couples right & left thru; roll-away w/ half-sashay

Head couples forward & swing your opposite (face the sides)

Hey for four along the sides (pass corner by the right shoulder)

Box the gnat with your corner & pull by

Swing partner & promenade home

Based on "A Delicate Operation" by Sue Elbenger

Ionia Breakout by Bob Green

Duple Improper

- A1 Neighbor gypsy (8)
Ladies start a hey halfway (8)

- A2 Neighbor balance & swing (16)

- B1 Pass thru & California twirl (8)
2s do-si-do across the set (8)

- B2 Long lines forward (4) 2s back (4) **
1s swing, face down.(12)

**My preference here is that the longs lines go forward, but ONLY the 2s back up. The ones 'breakout' and begin to swing.

John Birch Reel by Ted Steele

Contra Becket

- A1** Right diagonal right & left thru
Circle right 3/4
- A2** Allemande right neighbor 1X
Right star 1 1/4 (5 places)
- B1** Hey-for-Four (Ladies pass right shoulders)
- B2** Balance & swing partner

Comments: Joke dance — all moves are to the Right.

Kimmswick Diamonds by Jerome Grisanti Duple Improper

- A1 (Next) neighbor allemande right $1 \frac{3}{4}$ to wavy lines (men in middle). Balance the wave, spin to right as in Rory O'More, reform into diamond of four, women in the middle facing up and down, men on side facing in (16)
- A2 Balance diamond, Petronella turn, (8)
Balance diamond, Petronella turn. (8)
- B1 Balance diamond, women lift your arms and twirl into your partner's arms. Men catch her & swing. (16)
- B2 Long lines forward & back (8)
Men allemande left $1 \frac{1}{2}$ (look for your next neighbor) (8)

Monday by Jim Hemphill

Contra Improper

- A1** Neighbor allemande right 1 1/2 (8)
Men allemande left 1 1/2 (8)

- A2** Partner gypsy and swing (16)

- B1** Circle left 3/4 (8)
Neighbor swing (8)

- B2** Right and left through (8)
Star left once around (8)

Mountain Ridge by Billy Boyer

Contra Improper

- A1** Neighbor balance and swing (16)
- A2** Circle left 3/4 (8)
Partner swing (8)
- B1** Long lines forward and back (8)
1s make a ridge*, everyone pass through across,
California twirl (with partner) (8)
- B2** Balance the circle, spin right (Petronella twirl) (8)
Balance the circle, California twirl (to face new neighbor) (8)

*ridge = "1s" keep hands in long lines and raise arms to make arches. "2s" drop hands. Everyone walks across the set, passing neighbor by the right, so that each "2" has a separate arch to duck under)

Proctor's Reel by Joe Felsen, Little Bear & Friends Improper Contra

A1 Neighbor balance and swing (16)

A2 Men start left shoulder full hey (16)

B1 Men allemande 1 1/2 to partner (8)
Partner swing (8)

B2 Right and left thru (8)
Circle left 3/4, pass through up and down to new neighbors (8)

Rerouted to Tulsa by Jerome Grisanti

Contra Improper

- A1** Neighbor balance (4), box the gnat (4),
Pull by to previous neighbor (2), allemande left 1X (6)
- A2** Ladies chain (8),
Ladies start a half hey (8)
- B1** Continue the hey another 8 beats across the phrase (8)
Partners swing on gent's side (8)
- B2** Long lines go forward and back, slice left as you go
forward , partners roll away as you back up (8)
Star Left 3/4 to face new neighbors (8)

Star Hey Night by Bob Green

Contra Becket

- A1** Circle left 1/2 (4), Ladies pull by right (4)
Neighbor swing (8)

- A2** Long lines forward and back (8)
Ladies right allemande 1 1/2 (8)

- B1** Right hand star (men join behind neighbor) (8)
New men start left shoulder diagonal 1/2 hey (8)

- B2** Gypsy and swing your partner (16)

Working Stiff by John Coffman Duple Improper

A1 Neighbor balance and swing (16)

A2 Circle left 3/4 (8)
Partner swing (8)

B1 Ladies chain (8)
Mad Robin (ladies on inside first) (8)

B2 Square through four (16)

XYZ by Bob Green

Contra Improper

- A1 Ladies allemande by the right 1 1/2 (8)
Partner swing (8)

- A2 Ladies chain (8)
Long lines forward and back (8)

- B1 Partner pull by left, on the right diagonal pull by right (8)
On the left diagonal pull by left, on the right diagonal pull by right (8)

- B2 Reverse - pull by right same person, pull by left on the left diagonal (8)
Pull by right on the right diagonal, pull by left with your partner (8)

English
Country
Dances

A Little Ramsay Divey by Bob Green Improper Double Progression

- A1** Neighbor do-si-do (8)
Right-hand star 1 X around (8)

- A2** Turn single over left shoulder and set to partner (8)
Partners go back-to back (8)

- B1** Poussette halfway, men backing up (8)
Poussette halfway, men backing up (8) (ricochet)

- B2** 1s arch - 2s dive, then 2s arch - 1s dive thru backwards (8)
1s arch - 2s dive, then with NEXT neighbors,
2s arch - 1s dive, to face still another new neighbor (8)

Birthday Canon by John Ramsay Tune: by Pablo el Russo

FORMATION: Longways Duple minor PATTERN: Men begin the sequence, ladies respond with same sequence four beats later

Note: A turn becomes a star and a turn single becomes a gypsy when men and women integrate the turns and turn singles.

Bar Count	MEN	LADIES	JOINT
1 4	Men advance	Turn single	(men approach as ladies turn)
2 4	Men retire	Ladies advance	(ladies "chase" partners)
3 4	Men advance	Ladies retire	(men become the aggressors)
4 4	Men advan.w/arch	Ladies advance	(ladies duck under M arch)
5 4	Men turn and return	Ladies cont.advance	(Men follow the L)
6 4	Men advance	Ladies turn and arch	(men under ladies arch)
7 4	First man advance	Ladies continue and	(makes an L on its side)
		turn on diag. between	2nd couple
8 4	First man passes partner by left	1st lady advances diag. to her place	(1st couple change between 2nd couple)

- 9** 4 Men clap:rat tat-a-tat tat 1st lady advance to 1st man's home place
- 10** 4 Men 1/2 right hand turn Ladies clap: rat tat-a-tat tat
- 11** 4 Men 1/2 right hand turn Ladies 1/2 right hand turn (makes 1/2 right hand star)
- 12** 4 Men cast left Ladies 1/2 right hand turn (end 1st cu. Improper, 2nd cu. home)
- 4** Men begin left gypsy Ladies casting left (the contrary left gypsies with contrary lady into a gypsy are 1 1/2 in 8 counts)
- 14** 4 Finish gypsy to end facing partners (lft. gypsy flows to 15)
- 15** 4 Right gypsy with partner Right gypsy with partner
- 16** 4 Finish gypsy in progressed places, women turning single to place*
- (1)** 4 Men advance as in Bar 1 Women turn single*(musicians repeat at bar 2)

The Castigated Neighbor - by Bob Green Duple Proper

A1 1s cast below the 2s & turn single, twos move up
2s gate the 1s

A2 2s cast below the 1s & turn single, ones move up
1s gate the 2s

B1 Double figure of eight (1s cast, 2s cross to start)

B2 1s two-hand turn half way (4)
Cast below the 2s, 2s move up (4)
1s two-hand turn 1 1/2 to progressed place (8)

Author's Note: in B1, if the dancers are not highly experienced, substitute set-and-turn single for the 2s, then for the 1s, for the double figure of eight. The turn single in A1 & A2 are mirror turns W left, M right

Chrystal Saylor by Chrystal Gallacci Jones

Duple Proper

- A1** 1s half figure of eight down around the 2s (8)
1s lead up (around 2s above you) & cast back to place (8)

- A2** 2s lead up around your own 1s & cast back to place (8)
All right hand turn your partner (8)

- B1** Corners back to back (corners are currently in your neighbors' position) (8)
Corners two-hand turn (8)

- B2** Partners back to back (8)
1s cross & cast while the 2s do a two-hand turn moving up to progressed positions (8)

Jack's Sparrow by Bob Green

4-Couple Longways Sets

- A1 Lines at the sides advance and retreat (8)
1st man & 4th woman change places (8)

- A2 1st woman & 4th man change places (8)
Center four 2 changes of rights and lefts (8)

- B1 Top four turn right hands across 1X around (8)
Bottom four right turn hands across 1X around

- B2 All set and turn single (8)
1st couple (now at bottom) 2-hand turn 1 1/2 to end proper
while top six circle halfway

Mr. Maggot's Beverage by Bob Green

Duple Proper

- A1** 1s cross and cast below as the 2s half gypsy up to 1s place (8)
1s & 2s back-to-back across the set. (8)
- A2** 2s cross and cast below as 1s half gypsy back up to place (8)
1s & 2s go back to back across the set. (8)
- B1** 1st corners cross. 2nd corners cross (8)
All face your corner & set and turn single (8)
- B2** 2s half figure of 8 around the 1s (8)
1s half figure of 8 around the 2s (8)

Wednesday's Whim by Chrystal Gallacci Jones Duple Proper

- A1** 1s right hand turn 1/2 way & set (8)
 1s lead down & cast back to place (1s are improper) (8)
- A2** 2s right hand turn half way & set (8)
 2s lead up & cast back to place (All are improper) (8)
- B1** Neighbors fall back a double, come forward setting (8)
 Right hand star half way, turn single left (8)
- B2** 4 changes of rights & lefts (16)

Notes: Inspired by Griffith's Whim

Wings by Bob Green

Duple Proper

- A1** Circle left 3/4 (12)
Set to partner, turn single (12)

- A2** Circle left (12)
Back to back with partner (12)

- B1** Turn right hands across 1X (12)
Balance the star, first corners (in 2nd corner position)
change (12)

- B2** Circle left half way, balance the circle (12)
Two hand turn partner 1X around to place (12)

Teaching Notes: Make sure every knows who the first corners are before you start.